

About Us

Medication-Assisted Treatment (MAT) is a comprehensive approach to treating substance use disorders, particularly opioid and alcohol use disorders, that combines medications with counseling and behavioral therapies. MAT aims to stabilize individuals, reduce withdrawal symptoms and cravings, and support long-term recovery. There are three, equally-important parts to this form of treatment to help people recover.

- Medication
- Counseling
- Support from staff, family, and friends

Bridge Program

- Aimed at individuals who have just experienced an opioid overdose.
- How it works: Tribal EMS administer buprenorphine sublingually to ease withdrawal, then offer Narcan kits and educational materials.
- Within 12–24 hours, a Tribal EMS gives another dose, Bridge Peer Support meets the patient, and initiates a referral to a long-term MAT provider.

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The first steps
in starting
your recovery
journey.

Get In Touch.

BRIDGE Peer Support

Lisa Wells

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EMS Bridge Program



ANALENISGI MAT PROGRAM

We are here to
Support you.

Addiction is a disease. It cannot be cured, but it can be managed with medication, counseling and support.

The goal of medicated assisted treatment is to recover from addiction.

Additional Services

In addition to the MAT Program, Analenisgi offers a variety of resources and programming .



- Individual Therapy
- Peer Support
- MAT Groups
- Cognitive Behavioral Therapy
- Dialectical Behavioral Therapy
- Cherokee History
- Beading Classes
- Diamond Art Classes
- Psychiatric Evaluation
- Case Management
- DWI programming
- Family Therapy
- Life Recovery 12-Steps
- SAT Groups
- Mindful Walking
- Life Skills
- Yoga
- Grief Group
- Men & Women Grief Groups
- Anger Learning Circle
- Men & Women Domestic Violence Groups



Groups are a safe space to meet people like you, learn from people who have been where you are, and learn about yourself as you work to recovery from addiction or learn more about Mental Health problems.



KEPHART PRONG TR
Kephart Shelter 2
Sweat Heifer Trail 2
Grassy Branch Trail 2



About Analenisgi

Analenisgi—Cherokee for “they are beginning/starting out”—is the comprehensive Behavioral Health Center of the Cherokee Indian Hospital Authority. We promote wellness for Cherokee individuals and families through compassionate, culturally grounded care in a safe, welcoming space. Healing here is community-centered—supporting recovery from mental health challenges, trauma, and addiction while strengthening relationships across the Cherokee community.

CIHA’s Mission

Our Mission is to provide accessible, patient and family-centered quality healthcare with responsible management of the Tribe’s resources.

Our Staff Includes:

- Community Members
- Case Managers
- Peer support specialists
- Medical doctors
- Psychiatrists
- Nurses
- Licensed clinical social workers
- Licensed professional counselors
- Licensed clinical addiction specialists
- Recovery allies

